

Calling all Men to the Bread of Life Parish Men's Lenten Retreat



You are invited!

Men of Bread of Life Parish—this Lent, step away and refocus.

Join us for the **Bread of Life Parish Men's Lenten Retreat** on **Saturday, March 7**, from **8:00 AM–1:00 PM** at **St. Anthony Rectory and Church** (820 Bowen Street, Dayton).

Through **brotherhood, shared meals, honest conversation, and prayerful discernment**, we'll prepare our hearts for Easter and strengthen our walk as Catholic men.

Bring a friend—faith is stronger when lived together.

RSVP by March 5 to **Nate Brinkman** at **brinkmannate@gmail.com**

In today's world, it's hard for men to find real brotherhood—men who share the same values and want to grow stronger in their faith. We weren't meant to walk this journey alone.

Fellowship matters because faith grows when men stand shoulder to shoulder. It creates brotherhood, accountability, and encouragement to live out Christ's call with conviction. In fellowship, we sharpen one another, overcome isolation, and experience God's love through authentic connection.

Scripture reminds us of this truth:
"Two are better than one, because they have a good reward for their labor" (Ecclesiastes 4:9).
"Let us spur one another on toward love and good deeds" (Hebrews 10:24).



If you're looking for purpose, strength, and a brotherhood that pushes you to be the man God calls you to be—this is where it starts.

